

Peer Review Report

REST: The Case for Sabbath

Peer Review: REST: The Case for Sabbath by Timothy Schwab and Anna Zamoranos

1. Title and Overview

REST: The Case for Sabbath presents a comprehensive theological, historical, and exegetical investigation into the Biblical Sabbath, challenging longstanding doctrinal assumptions and denominational interpretations. The book draws from Scripture extensively and presents a strong case for Sabbath observance rooted in Genesis, validated in Exodus, and fulfilled not abolished in the New Testament.

2. Scope and Purpose of the Work

The authors clearly state their aim: to re-establish the seventh-day Sabbath as the Biblical day of rest, creation-aligned, and not abolished by Yahusha (Jesus) or any New Testament writer. The scope covers:

- Biblical law and its interpretation
- Hebrew and Greek terminology
- Church history, particularly the shift to Sunday observance
- Refutation of traditional counter-arguments

3. Methodology and Scriptural Interpretation

The authors employ a methodologically consistent approach to Scripture:

- Hebrew and Greek word studies are conducted with care
- Historical theology is weighed against the Biblical record
- Context is emphasized over isolated verses

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- The harmony of Old and New Testament is maintained

4. Historical and Theological Analysis

The book documents the Sabbaths change to Sunday not by Scripture but by the Roman Catholic Church. Early councils, Church Fathers, and reformers are examined and contrasted with the biblical record.

5. Clarity, Structure, and Use of Sources

The book is well-structured, visually aided, and cites various Bible translations, lexicons, and early theological writings.

6. Potential Contributions to Biblical Studies

This work contributes to the Sabbath conversation, restoration theology, and modern biblical literacy. It challenges tradition while staying grounded in Scripture.

7. Critical Observations (Minor)

Some content could benefit from a concise FAQ-style appendix, and terms could be defined for those unfamiliar with literalist frameworks. These are minor and do not detract from the work's overall strength.

8. Final Evaluation & Recommendation

Final Verdict:

REST: The Case for Sabbath is a credible, well-researched, and Scripturally sound work. It reflects a deep understanding of Biblical theology, supported by documentation and careful exegesis.

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Rating:

Strong Accept Recommended for publication, academic citation, and further study